

To actively participate in the *From Beyond our Borders: Providing Multilingual and Multicultural Health Information* webinar feel free to fill in the blanks with information covered during the presentation. This is optional and the answer key will be sent via e-mail following the webinar.

1. The United States is home to **44.5** million immigrants
2. Since 1980, more than **3** million refugees have been accepted into the United States
3. The refugee ceiling for FY2019 is set at **30,000**
4. The three ways individuals can apply for asylum are: **Affirmative** , **Defensive**, and **Following-to-Join**
5. Refugees and Asylees are immigrants (**True**/False)
6. The five principals of cultural competence are:
 - i. **Valuing Diversity**
 - ii. **Cultural Assessment**
 - iii. **Dynamics of Difference**
 - iv. **Institutionalizing Cultural Knowledge**
 - v. **Adapting to Diversity**
7. Focusing on the other, using culture as a proxy, and **implying a finite learning model** are three critiques of cultural competence
8. The three pillars of cultural humility are:
 - i. **Lifelong Learning & Critical Self-Reflection**
 - ii. **Recognize & Challenge Power Imbalances**
 - iii. **Institutional Accountability**
9. Identify the resource (Refugee Health Profiles; HealthReach; MedlinePlus; Specialized Information Services (SIS)) you would use to find the following information:
 - a. The date a diabetes handout written in Arabic was last updated: **HealthReach**
 - b. A comprehensive consumer health website written in Spanish: **MedlinePlus**
 - c. Priority health conditions for refugees from Bhutan: **Refugee Health Profiles**
 - d. A list of websites offering health information in multiple languages: **SIS**